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NEWSLETTER

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Association

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From the desk of the CEO . . .

“Imagination is everything; it is the preview of life’s forthcoming attractions.” – Albert Einstein.

TIME and again I am reminded of the impact that this newsletter has. We send out about 2 000 hard copies as well as numerous more electronic copies. The newsletter is placed on our website and we will make reference to it on Facebook in due course. For an NGO this is an impressive reach. We touch an impressive number of people. Our care team (nurses, social workers, care workers and volunteers) have a direct impact on the lives of about 400 patients each month. If we assume that each patient is part of a family of two additional people, that number jumps to 1 200 people whose lives are directly and indirectly touched by Msunduzi Hospice each month.

The impact that this organisation has is very difficult to quantify. I can present you with statistics. I can present you with audited accounts. What I can’t tell you is how people are affected by us. I hope and trust that the individual’s experience of Msunduzi Hospice is a positive and life-enhancing one, even in the darkest of times. For 30 years this has been the case.

Can we imagine a better world for ourselves and for Msunduzi Hospice? Can we make it a reality? Are you interested in helping us make it a reality? Come and find out how. Volunteers are needed in many aspects of Msunduzi Hospice: people who have ideas to share with us, help us raise much-needed funds, people and companies needing training. All these are opportunities to imagine a better world for yourselves



and for Msunduzi Hospice.

The year ahead is full of a host of interesting activities and further details of these are provided in an insert in this newsletter. Of interest is the reinstatement of the “Basic Hospice Course” (introduction to Hospice care). This has been requested by many people. The course will be offered in the evenings during the month of June. Further details will be made available. The “Children and Grief” one-day workshop will be run in March and there

will be a two-day workshop on counselling in October. For more information on these and other courses and workshops available, please contact us.

Msunduzi Hospice will celebrate 30 years of providing care, 30 years of being a beacon of hope to those in pain in our community, a light that has provided caring illumination to those with a terminal illness, a hand for many to hold onto as they die. Thirty years is something to celebrate, something to rejoice in. You are invited to join in the planned celebrations. More importantly, you are invited to contribute to the next 30 years of Msunduzi Hospice. Your donations of time and money keep us going. The support of individuals, corporates and many others is gratefully acknowledged and respectfully requested. Make your contribution to the next 30 years of Msunduzi Hospice as we look to the future filled with the helping, hoping hands of Msunduzi Hospice. Thirty years of history give rise to 30 years of opportunity. Together let us imagine a better world.

WARREN OXFORD-HUGGETT

Drawing blood from stones

Judy Coghlan, our indefatigable fundraiser, looks back on her 20 years with Hospice ...

ON 1 February I completed 20 years with Hospice in Pietermaritzburg. In reaching this milestone, I would like to invite you to join me on a trip down memory lane as we reflect on some of our achievements and use them to focus on the future.

While working for Sungardens' Hospice in Pretoria, I met Gillian Swart the then chairlady of the board at a fundraising conference. I mentioned to her that my family and I were relocating to Pietermaritzburg. A few weeks later I received a call from Gillian asking me to submit my CV for a position here – and, 20 years later, I am still here.

Over the past 20 years, due to the demand for patient care, there has been huge growth in all areas of our Hospice. For example, in 1993 when I started, our budget was R250 000; this year the budget is R7 568 460. Our patient load has also grown significantly; in 2012 we cared for 680 patients and their families.

Over the years the income generation team has had to look at innovative ways of raising funds and we were forced to become more business-oriented. A street collection, cake sale or morning market was no longer sufficient. A projects team was formed to look at how and what we could do to raise more funding as well as the fact that we were fast outgrowing our existing premises. No sooner had we started our planning when we received a bequest from the late Lady Usher and we were able to buy the property next door, which was up for sale at the time. The admin and fundraising team moved next door, which gave our Care team more space for the nursing activities and, of course, Daycare for our patients. The two properties were amalgamated, fencing removed and the gardens revamped to form one beautiful garden with lots of potential for all kinds of events.

In 1998 we began doing funding proposals in all earnest to various corporates, trusts and foundations as we had started the planning of a possible multi-purpose facility on our premises. After much planning and submitting many funding proposals, our efforts paid off as various funders supported the notion of working towards self-sustainability. Building operations started, and on the 15 November 2001 our conference centre was officially opened. Today this centre is a huge asset as it hosts all our training courses and fundraising events. Funds are also generated through hiring it out.

The next big move was to find funding to expand our bookshop which was run from a garage on our premises and to establish a depot to house our donations for our shops. We again began planning and sending out funding

proposals and again we were able to find funders to fund both the bookshop and depot. In February 2004, the new bookshop opened and a year later the depot was completed and now houses all donated items for our shop. The bookshop has been a huge success from day one as it is well supported by the public and is a major contributor of funding for our Hospice.

In October 2009 our new admin block was completed. This new building also afforded us the opportunity to open a coffee shop and yet another income generation project was started. The new admin block also gave us the opportunity to fulfil our dream of closing all our charity shops and bring them in-house, so as to save on the high rentals we were paying in various shopping centres. The old admin block was converted into our new shop at Hospice House. This is a dream come true and has exceeded our wildest expectation as it is frequented by the public on a daily basis. Together the shop, bookshop, conference centre, coffee shop, fundraising events and telemarketing

contribute towards the provision of sustainable patient care, the core business of Hospice.

Our challenge for 2013 is to exploit opportunities to expand our Hospice shop. Looking at its performance over the past year, it is a huge source of revenue for us and has the potential to increase our income dramatically.

We continue to submit funding proposals to new and existing funders in the hope that they will support our efforts. I would, in particular, like to thank those that have been supporting us over so many years. It is because of you that we have been able to achieve what we have and I want you to know how much we appreciate your support.

This year our Hospice will be celebrating 30 years of existence. Today, through teamwork and perseverance we have one of the finest Hospices in the country, providing quality, home-based care. I would like to thank all our staff, volunteers, members, the public, our donors and funders most sincerely for your support over so many years. Msunduzi Hospice would not be here today serving the community without your support. We ask you to please continue your support and in so doing “Dare to Care” about those people in need of Hospice care.

Last, but not least, I would like to say a very special thank you to my income generation team and volunteers for their dedication and hard work. I am very proud to be part of your team.

JUDY COGHLAN
Manager, Income Generation

When I started here, our budget was R250 000; this year the budget is R7 568 460. Our patient load has also grown significantly; in 2012 we cared for 680 patients and their families.

Bringing telemarketing in-house

OVER the past 11 years our telemarketing project has become well established as a method of raising much-needed funding for Hospice. During this time many individuals and businesses have responded very positively to this project and, in so doing, supported the work we do in the community.

We would like to take this opportunity to thank Dave Mason and his team for laying a firm foundation for this project and for their success over so many years. To date we have not had the staff or the resources to run with this project ourselves. However, out of necessity, at the end of last year our board took the decision to bring this project in-house as from July 2013.

For us to manage telemarketing efficiently and cost-effectively we are once again going to have to rely heavily on you, the public, to help us continue successfully with this project. First of all, we want to ask for your continued support; secondly we will have to change the structure of the project slightly. In the past the telemarketing team would phone, ask for a donation and then collect the donation from your home or business.

We will still be phoning you, but to cut down on

expenses we are going to ask you please to consider signing a debit order or stop order so that your donation will be paid directly into our Hospice bank account on a monthly, bi-monthly, quarterly or annual basis – the decision will be entirely yours. If this works, and you agree to this method, we will be able to cut down hugely on telephone and petrol expenses and your full donation will go towards patient care.

The majority of our income has always come from our supporters. As a donor to our Hospice, you have helped make a difference in the lives of many of our patients and their families and our hope is that you will want to continue doing so. During 2012 we cared for over 680 patients and their families. No fewer than 125 of these patients were under the age of 18 years. Our hope is that the telemarketing project will continue to reach out far and wide to ensure that our Hospice makes a difference.

Thank you for so generously supporting the work we do, for believing in us and for supporting us in our journey. We look forward to your ongoing assistance.

JUDY COGLAN

Tips for coping

If you have been recently bereaved, here are some ideas for handling grief, especially during a holiday season when you might be out of your usual routine ...

PLAN ahead. It's a good idea to make a list of those things that are important to you in terms of celebrating the holidays. Know ahead of time that your feelings will come in waves and that you will have good days and bad days. When you know what to expect, you can take advantage of and enjoy the good days and not feel so devastated by the bad days. When you are having a better day, you can take out your list and do one or more of those activities, on whatever scale you choose. Take one day at a time.

Be realistic. Recognise that you need to set limits and do those things that are meaningful for your family and yourself. Don't set yourself up by putting yourself in a situation that makes you unhappy. If you know that a holiday dinner with a particular person makes you feel bad under the best of circumstances, turn down that invitation. This is a good time to think about what helps and what doesn't. Do what you feel is right for you now.

Acknowledge. Acknowledge those who have died. Include them in your thoughts and actions. Say the person's name, make a toast in their honour during a holiday dinner. Make a visit to the cemetery, or burn a special memory candle. But here, too, do what feels comfortable. If you know that a toast at dinner will be upsetting, plan another way to make a remembrance.

Change may work. Don't be afraid to make changes this year. Sometimes it can be very stressful to keep up with holiday traditions, especially now that your loved one has died. Know that whatever you choose to do this year, you may decide to handle things differently next year. Growth and change go hand in hand.

Plan time. Plan time for yourself both before and after a big family get-together. You will need the time beforehand to get emotionally prepared for family and friends and time afterward to wind down. Remember that you may not be functioning at your usual capacity.

Accept assistance. Be aware that there are people around you who are looking for ways to ease your burden. They would feel so much better if you allowed them to shop for you, wrap gifts, bake, address cards, decorate, or even clean. Make others aware of your needs or accept help that is offered.

Children can help. Children often find creative ideas to memorise or create new traditions. Include them in the process and share with them the legacy of family members who have died.

Give to others. Our greatest comfort may come in doing something for others. Some people feel they can acknowledge their loss more meaningfully by volunteering to help those in need. Finding situations where you can give may bring comfort to you.

Fundraising news

Win a Chevy Spark

FUNDRAISING is a challenge in itself. The present economic climate, unemployment and the increasing costs of living paint a gloomy picture for fundraising. One either sees the glass half-full or half-empty. Hospice fundraisers always see the glass half-full and are always optimistic and seek opportunities even in difficult times.

The Win a Chevy competition, which was initiated by St Luke's Hospice, has been welcomed and we will rise to the occasion and use this opportunity to raise funds. General Motors has donated a new Chevy Spark to be raffled for the benefit of Hospices nationally. Tickets at R10 each are available at Hospice



House in Prestbury. The Cricket Union and Jacques Kallis Foundation are among the many sponsors in this competition. General Motors, Pietermaritzburg has joined hands with us and will display a new Chevy Spark at shopping malls in support of Msunduzi Hospice. The Pick 'n Pay Court at Liberty Midlands Mall will play host from 25 to 28 March while Cascades Shopping

Centre will host the Chevy from 23 to 28 April. Please look out for the promotion of this competition on the DSTV sports channels. A list of 12 prizes, including many awesome South African holiday getaways and game drives, are available on our website, www.hospicekzn.co.za. A list of cricket fixtures at Sahara Kingsmead, where ticket sales will be promoted, is also on the website. There will be a prize for the winning ticket seller of the Chevy Spark as well.

We have free entry for four ticket sellers to all of the Sunfoil T20 matches at Sahara Kingsmead and we need volunteers to promote ticket sales. The cricket stadiums will give us the opportunity to access thousands of people in one location and we appeal to you to come forward to help in this regard. This promotion has the potential to tip the scale as a huge income generation project. Msunduzi Hospice can achieve the best newcomer award and we know that we can rely on you to help us achieve this.

Msunduzi Hospice Civvies Day

THE Msunduzi Hospice Civvies day for the public and corporate sector will take place on Friday, 24 May. This is another new event on our calendar. Participating schools already make a contribution to this.

The public now have the opportunity to purchase armbands that will be on sale at Hospice and selected supermarkets at R15 each. These can be worn during May to show support of the work done by Hospice. Companies will be encouraged to make contributions to the value of staff purchases of these armbands. This will promote Hospice awareness as well as raise funds for Msunduzi Hospice. We are in the process of securing sponsors for this project and media releases will keep the public informed. Anila is the contact for inquiries about this.

ANILA SEWLALL
Fundraiser

Wall of remembrance



Our volunteer and resident artist Julia van der Walt has done a beautiful mural on the wall of the Sanctuary adjoining our Daycare lounge. As can be seen in the picture, it depicts small bricks which will be used for plaques to remember a loved one by. The communal vault at our existing wall of remembrance can be used for ashes, or ashes can be strewn elsewhere as per the wishes of the deceased. Should you be interested in this option, please contact Sonya on 033 344 1560 for more information.

Thank you, Hospice

I seldom feel that the publication of letters of thanks and gratitude serves any purpose. However, the letter below is one of the most carefully considered pieces of writing that I have read in all the years that I have been involved with Hospice through out KZN. The relative who wrote this letter has very clearly captured the heart of Hospice care and I recommend that this letter be read. This letter was received on 21 November by our Palliative Care Manager.

WARREN OXFORD-HUGGETT

DEAR Sheena,

ABOUT three months ago my brother contacted me to alert me to my sister's worsening condition in Pietermaritzburg. My sister Bongile Dlamini had breast cancer. I had heard some beautiful stories told about Hospice in Durban and in Johannesburg, but the experience that I had with the Msunduzi Hospice is unmatched in its efficiency and overall caring experience.

When my brother Musa called me in Durban two months before my sister died, if my recollection is right, the anxiety and despondency in his voice coupled with my own fear moved me to immediate action. I went onto the Internet and made a phonecall to Zo Finca, who carefully explained to me why she had to transfer me to Felicia. Felicia took time to tell me about the different options, including Inchanga and Hillcrest centres.

By the next day Sister Jenny had gone to see my sister and family. The Hospice family immediately brought with them a wheelchair and other instruments to assist my sister retain her dignity in this very painful time of, not only her life, but her family's life too. My family in Pietermaritzburg received constant counselling from, among others, Sister Beverly; our elderly parents got a brief and much-needed respite.

The Hospice family gave us something unmatched during those trying two months: they gave us compassion and hope. You restored my sister's dignity and gave her optimism to push forward with unmatched bravery. She took one day at a time with light in her eyes and warmth in her heart. As her days were drawing to an end, she still had light in her eyes. She faced each day with bravery, in the knowledge that all would be better now that there was Hospice.

I now live with knowledge that the term "false hope" must never feature in my vocabulary. Any type of hope is good enough and no person deserves to be told or made to lose hope, or told that nothing can be done. I learnt that valuable lesson when I spoke to Sheena just a week before my sister passed on. Now I know that she might have known that these were the final stages and yet she spoke with such grace, making arrangements to send a sister/nurse through to my home and to bring the hospital dates closer so that Bongile could still be seen by the best medical team the city had to offer, so that she was comfortable and felt cared for.

It was extraordinary to go to the Hospice buildings for the first time. I felt like part of the family because I knew the team

that was helping us on a first-name basis through our telephone conversations. My other sister, Margaret, had counselled me. She told me that these were the final stages and that very little could still be done. She is a nurse and she was so brave. I was not. At Hospice, I was in awe of the sheer presence of absolute compassion, warmth and understanding. Sister Brenda was still giving us the most beautiful sheepskin for bed sores and this was just five days before my sister passed on. Sister Jenny was still going to call Grey's for morphine the next Monday. It was incredible, the courage we were receiving which we so desperately needed.

I have taken time to write this letter because I was gathering my senses and my composure. I am writing from the very core of my heart. You, the amazing family of Hospice, make me proud not only to be South African but to be part of a human species because, despite of all the evil and the alarming amount of suffering that is out here in this cold, cold world, people like yourselves carry with them enough love, enough warmth, enough light to make us hope for the better, to make us aspire to be better, to make us remember that love and compassion are the greatest gifts to a dying person, but more so, to those who are trying all they can to save, to give hope to a dying, loved soul. The hope you gave us dried our tears, gave us more energy and courage to do more to make my sister's life so much more comfortable.

Bongile died at around 2:00 in the morning of October 10. Her husband had just arrived the afternoon before. She was sleeping with her best friend, who is a professional nurse. Her younger sister, Margaret, also a professional nurse, was also there. She (Margaret) had just drifted off into sleep on the couch. So Bongile passed away in very good hands, loved to the very last breath.

May God bless each one of you and all that you hold dear. Bless your noble profession. My own mother is a nurse and this compassion reigns in our home. You inspire the rest of our sometimes imperfect selves to be better. In your presence even death comes carrying with it a remarkable level of dignity.

I have no words bigger than NGIYABONGA, SIYABONGA, THANK YOU, I'll never forget you.

With Humility, Grace, Love and Absolute Gratitude.

** Please note that all names relating to the patient and the family have been changed. The names of the Msunduzi Hospice staff have been retained.*

The AGM of the Msunduzi Hospice Association will take place on Thursday, 30 May 2013 at 3.00 pm in the Hospice Conference Centre, 200 Zwartkop Road, Prestbury.

Membership subs for 2013 are now due and we would urge you please to check whether your payments up to date. Contact Sonya at 033 344 1560.

A memorable milestone



Pat Moore joined Hospice as a volunteer in 1984. This year Pat turns 92 and she and Basil (96) will have been married for 69 years. A remarkable milestone indeed. We would like to congratulate them on this huge achievement and we wish them well in the years ahead. They will soon be moving from their family home in Hilton to smaller premises for which Pat has already ordered a garden sign from us – their “Last Perch”. Pat and Basil are an inspiration to us all.

We would like to take this opportunity to thank Pat for her dedication as a fundraising volunteer for so many years as well as for co-ordinating our Daycare cooking team and for always making sure that every Wednesday our patients were served a delicious meal. Also to Basil who was always willing to help out when we were short of hands.

Pat, thank you for your enthusiasm, charm and warmth towards us all; we so appreciate it and we wish you and Basil the very best in your new venture. And, most of all, keep on looking a million dollars! You are an example to us all.

Paradoxical people ...

The Dalai Lama when asked what surprised him most about humanity, answered:

Man, because he sacrifices his health in order to make money
then he sacrifices money to recuperate his health, and
then he is so anxious about the future that he does not enjoy the present,
the result being that he does not live in the present or the future,
he lives as if he is never going to die, and then he dies having never really lived.

Shall we dance?

A huge thank you to our chairman of the board, Pete Jugmohan, for the wonderful fundraising Friends of Hospice Dance he and his team hosted in December 2012 at the Truro Hall. They raised the grand sum of R157 683.

This year the Friends of Hospice will be celebrating its 20th anniversary and we look forward to yet another amazing event on Saturday, 7 December 2013.

Make sure to diarise this evening now!

Can you help?

We have just looked at the maintenance plan for our property and were amazed at how much needs doing and fixing!

If you have time on your hands and have skills that could assist us in the maintenance of our buildings, garden, cars etc or if you have a business in plumbing, painting, electrical repairs, garden services etc and would be happy to provide a free service for minor problems, or you can help with supplies e.g. paint, time switches for our geysers, etc., then please call us or pay us a visit and Trevor will be happy to show you around. Contact Trevor or Judy on 033 344 1560.

And our garden volunteers also need plastic plant pots and potting bags.

The Hospice care team

AS I sit down to write this article I cannot help but reflect on the year that has passed, and all that awaits the care team for 2013. Last year ended with a flurry of frenzied activity, as plans were put in place for delivering optimum care to our patients in 2013.

The new year has begun, and needless to say, no matter how much you plan, it is often the unexpected that blindsides you. We have had two staff members retiring and two resigning since November last year. This has posed a huge challenge as it is really difficult to recruit professional staff. The funding crisis which NPOs face affects us, too. The cost of care is steadily increasing and Hospice has always provided its services free. The care team therefore relies heavily on the income generation team of Hospice to raise the funds that support patient care. Warren has alluded to the number of patients that benefit from our services, and I am sure that you will agree with me when I say that those numbers are indicative of the level of need in our community.

I have often written about what happens in the care section, but I don't think that I have ever explained the structure of this department. The care section is extremely varied, but the common denominator is that every member of staff here contributes to the actual day-to-day care that our patients receive. As the palliative care manager, I have the responsibility of supervising the various care staff in their roles, and ensuring that our patients derive maximum benefit from the care services that we provide. We have the following staff component:

* A team of nurses who take care of patients in the urban area. They are supported in their role by a team of really dedicated care volunteers.

* A second team cares for patients living in the rural areas. These nurses are assisted by community care workers.

* We have four social workers who deal with the psycho-social problems that our patients experience. One of them co-ordinates our bereavement and paediatric services. A very important aspect of our work with children is the memory work project, and for this we have two memory workers who facilitate our child support groups.

* A nurse and community trainer facilitate all our training courses. The aim of the training schedule is to train as many people as possible in the different aspects of palliative care. In doing so, we hope to expand the reach of our services.

* A data capturer and a monitoring and evaluation officer collate our statistics, which helps us to determine care needs and report to funders.

* One staff member is solely responsible for community liaison and this function allows us to develop an effective referral pathway for people who come to us for help.

* Completing our team is an administrative assistant.

This may sound like an awful lot of people. However, each one of them is vital in the service that we render.

Changes in the public health system, the financial position of our patients and our ever-changing disease profile impact hugely on people's access to care. Despite this, the aim of the care team has always been, and will remain, "to provide and promote quality of life, dignity in death, and bereavement support for patients and families faced with a life-threatening illness".

SHEENA SIVRAMAN
Palliative Care Manager

Getting with it

Hospice has joined the world of social media

EARLY last year I was fortunate to attend a conference on Corporate Social Investment at the Wanderers' Club in Johannesburg. The main item that stood out for me was a presentation made by Dion Chang, a trend analyst, on being connected to the world around us.

I always thought of myself as being connected to the world around me via daily meditations, reading of spiritual books, prayer, etc. This is not the connectivity he was talking about. Social media connects us to the world and the world to us via websites, Facebook or Twitter using smartphones, computers and tablets.

Msunduzi Hospice has joined this world. It is a world that we need to be part of, that we need to exploit to the benefit of our patients, staff and the organisation as a whole. Of the media available there are two that I would like to pay special attention to.

Msunduzi Hospice is on Facebook. Please find us at <http://www.facebook.com/MsunduziHospice>. Facebook provides us with an opportunity to present brief, up to date, articles that describe what is happening at Msunduzi Hospice at the moment. Pictures and descriptions of activities at Hospice are posted on Facebook on a regular basis. We try to have something on every day, sometimes even more than one item a day. Your assistance in this endeavour is required. Please "like" our Facebook page and send us items that we can post on it.

The second media tool that has recently become available is a news feed known as "e-Hospice". This is an

international media tool that is managed by the Worldwide Palliative Care Alliance. It covers various news items related to Hospice and palliative care from around the world. There are some very informative news items here which will expand your awareness of palliative care and developments in palliative care. Your need to register for this service and the details can be found at www.ehospice.com.

Hospice has to protect itself and so we have put in place various safeguards to ensure that only those permitted to do so have access to these various media tools at our disposal. However, none of us is an expert in such matters and all assistance is welcomed. If you have any suggestions on the above tools or others that we make use of, please let us know. In addition, please let us have your email addresses. Sending emails is much cheaper and more cost effective than sending post.

Being connected means different things to different people. We can be grounded in the source of our being or we can be switched on to the world around us. I am not sure that the two are mutually exclusive. So come and be connected to Msunduzi Hospice.

WARREN OXFORD-HUGGETT

City Printing Works have printed the Permit Mail
on the envelopes for this issue at a reduced price.

PEGGY FRYER, RIP



IT was with a great sense of loss and sadness that Hospice heard of the death of Peggy Fryer in January this year.

Peggy joined Hospice as a volunteer in 1990, where she was a valued member of the patient care

team. Her warm and friendly nature and dedication to the Hospice cause endeared her to so many. In the past few years Peggy became involved in Daycare, where her organisational skills and gentle and compassionate nature contributed greatly to the staff, volunteers and patients.

Our sincerest sympathy and loving thoughts are extended to Allen and family and our thanks to Allen for his encouragement and support of Peggy's Hospice work over the years. Her warm and sunny smile will be greatly missed by all who knew her.

Biscuit RIP

AS you read in the last Newsletter, Biscuit was ill but had received treatment. Unfortunately the condition kept recurring and the Cherry family did everything they could to keep him well and in good shape. He was doing fine for a while, but age took over, he deteriorated and very sadly we had to say goodbye to our beautiful ginger friend whom we all enjoyed seeing bathing in the sun in the Cherry family driveway, or shading in the big tree in the Hospice parking lot. Biscuit was and always will be a beloved part of the family and we will miss him dearly.

There is a memorial painting of him on the side wall and a plaque.



BEQUESTS – ‘AN ALTERNATIVE WAY OF GIVING’

SOMEONE once said that “one of the noblest things a person can do is to plant a small tree that will one day give shade to people unknown”. Supporting Msunduzi Hospice through a bequest in your Will can have the same effect, for it will enable us to continue caring for people in the community beyond your lifetime and you have the assurance that your financial contribution will be well managed. You can include a bequest in your existing Will simply by completing a codicil.

Bequests are deducted from an estate before estate duty is calculated. Please contact us should you require any information or assistance.

JUST A REMINDER

SUBS for 2013 are now due. Please complete the following, detach and return to Msunduzi Hospice, P. O. Box 22023, Mayors Walk, 3208, together with your cheque.

Name: _____

Postal Address: _____

E-mail: _____

Phone: _____

Cellphone: _____

I would like to (please mark the relevant block):

- Renew my annual membership:
 - Standard: R50 per annum
 - Active Hospice Volunteer: R25 per annum
 - Become a patron member: R1 000 per annum
 - Become a corporate member: Platinum R10 000 pa.; Gold R5 000 pa; Silver R1 000 pa.; Bronze R500 pa.
- All members have voting rights and receive our newsletter
- Remember Msunduzi Hospice in my Will
 - Enclose a cheque/postal order for R.....
 - Receive further information regarding volunteer options
 - Start a monthly stop order for R.....

Our banking details are as follows:

Msunduzi Hospice Association

Nedbank - Main Branch Account No. 1340 285053
Branch Code - 13-40-25-00